

More Explanation:

11. Wise Habits: Samadhi Being calm and focused	Beginning>>>>>>>>>Mastering										
	0	1	2	3	4	5	6	7	8	9	10
11.1 Fully focused on one's work											
11.2 Able to meditate to a level appropriate to age and experience											
11.3 Know how to be calm both physically and mentally and satisfied with the happiness that comes from being peaceful											

More Explanation:

12. Wise Habits: Yonisomanasikara Applying the mind skilfully	Beginning>>>>>>>>>Mastering										
	0	1	2	3	4	5	6	7	8	9	10
12.1 Right thinking, showing gratitude to parents, teachers and others that help us in life, and we believe in consequences from one's actions.											
12.2 Dharma thinking: Yonisomanasikara : thinking based on cause and effect, thinking in terms of the four noble truths, thinking of pros and cons and with solutions in mind, thinking of real values not superficial ones, thinking in terms of the 3 characteristics of impermanence, unsatisfactoriness, and non-self.											

More Explanation:

Connected to our School value of being Environmentally Minded:

13. Green aspect and Green awareness	Beginning>>>>>>>>>>>>Mastering										
	0	1	2	3	4	5	6	7	8	9	10
13.1 You are aware of current environmental issues. You already start to solve the issues from yourself by using less plastic bottles, plastic cups, straws or use less plastic bags.											
13.2 You have a good understanding of how to separate trash.											
What are the 12 wise habits that you are applying to your green aspect/ green awareness:											
More Explanation:											